

Define Your Starting Point

5 Key Areas of Life Assessment

In the following 5 areas of life, rate your current level of health on a scale of 0-10 (10 being extremely healthy and 0 being extremely not healthy). Feel free to share any details in the blank below. BE SURE TO BE REAL! To best serve you, I will be checking in with you on these areas throughout the program.

Area of Your Life ***Rating***

Faith-current level of health of your faith. _____

Fitness-current level of physical health. _____

Family & Friends-current level of relational health _____

Finances-current level of financial health. _____

Freedom-current level of freedom you have in your business (the ability to work with who you want, when you want, and where you want, ability to travel, etc.) _____

Current Business Metrics (based on your last month)

Net Profit Per Month (take home): \$_____/mo
Current # of client _____
of hours worked per week _____ hrs/wk
of hours of "family time" per week _____ hrs/wk



FREEDOM
BUSINESS FAMILY

608.213.9456
chris@freedombusinessfamily.com
freedombusinessfamily.com